

**Southern Arkansas University Tech**  
P.O. Box 3499 ~ Camden, AR 71711 ~ 870-574-4453  
[www.sautech.edu](http://www.sautech.edu)

## Online Course Information Sheet

**Course Number:** BIOL2003

**Course Title:** Nutrition and Diet Therapy

**Course Description:** A study of the food we eat and the way our bodies use it in both health and disease. The fundamental principles of normal nutrition as a basis for making therapeutic diet adaptations is emphasized. The course is designed for, but not limited to, nursing students.

**Instructor Name:** Steve Candler

**Instructor Bio:** AAS Colorado Technical College, BS University of Arkansas at Monticello, MA Southern Arkansas University

**Prerequisite:** Must at least be eligible for Composition I. General Chemistry and Human Anatomy are suggested but not required.

**Textbook Title:** Nutrition for Health and Health Care, Whitney, DeBruyne, Pinna, Rolfes, 4<sup>th</sup> Ed., Thomson/Wadsworth, ISBN: 978-0-538-73357-1

**Learning Outcomes:**

1. The role of the major nutrients in foods and their impact on human health and disease.
2. Identifying valid scientific, nutritional information from a variety of sources.
3. Analyzing personal diet and making improvements.
4. Understanding the rationale for diet modification in major diseases.
5. Understanding the role of medical professionals in the nutritional care of a patient.

**Teaching Methodology, including description of interaction between student and instructor:** entirely on line, self-paced, provided course deadlines are met.

**Methods of Testing:** All on line, multiple choice/matching. Final exam at a proctored location.

**Enrollment Procedures:**

Non-degree seeking students applying for admission to SAU Tech must submit an application for admission, appropriate placement test scores or, if applicable, official college transcript(s) with proof of Composition I and Intermediate Algebra (having earned a letter grade of "C" or better).

Full-time degree seeking students and part-time degree seeking students applying for financial aid applying for admission to SAU Tech must submit an application for admission, appropriate placement test scores, immunization record (if born after 01/01/1957), high school transcript or GED scores, and official college transcript(s), if applicable. (Note: Part-time students not applying for financial aid do not have to submit immunization record.)

Students are responsible for all tuition and fees at the time of registration. Students must officially drop by written notice or in person in order to reduce their balance owed. If students never attend class, he/she will still be assessed partial tuition and full student processing fees, unless completely he/she completely withdraws during the 100% refund period.

In order for a student to drop a class, he/she must complete a drop form or send written request to his/her advisor. A \$10 add/drop fee is assessed for adds/drops that take place after the registration period ends.

**Special Enrollment Issues (specialized software or equipment, access to a particular network, or similar requirements):**

**Special Attendance Requirements (student contact with instructor, proctored examinations, etc.):**

Students must maintain contact with instructor and make progress in the course at least every two weeks (every week during the Summer Session). Work must be submitted to the instructor before deadlines listed within the course. The final exam must be taken at an approved proctor site.

**Access to Learning Resources:**

Students will receive all required discussion materials through the Internet, links to texts, and the electronic mail with Blackboard. Students will be required to purchase the course textbook, if applicable, and Learning Resource Center access is encouraged but not required to be successful. Textbooks can be ordered online. The Bookstore number is (870) 574-4510. The Library number is (870) 574-4518.

**Other Considerations (writing ability, assignments/projects, time considerations, etc.):**

Students will need Internet access, Microsoft Word, Adobe Acrobat Reader, and the ability to send and receive e-mail attachments using the e-mail within Blackboard.